



# PRIMARY SURVEY

# Structured assessment in trauma



## Catastrophic haemorrhage

Rapidly assess, control haemorrhage

**Immediate management:** Application of direct pressure, consider tourniquet application, do not remove penetrating foreign objects, initiate large bore IV access and rapid fluid resuscitation.

**Life threats:** Exsanguinating external haemorrhage, blunt/penetrating thoracic and/or abdominal injury.



### Airway/C-spine

Rapidly assess, maintain or secure airway and C-spine

Life threats: Airway obstruction, blunt/penetrating neck injury.

B

### **Breathing/ventilation**

Rapidly assess, support ventilation/oxygenation

**Life threats:** Tension pneumothorax, massive haemothorax, open pneumothorax, flail chest, ruptured diaphragm.

C

## Circulation with haemorrhage control

Rapidly control, assess and support haemodynamics

Life threats: Exsanguinating external haemorrhage, cardiac tamponade, penetrating cardiac injury.

D

### **Disability**

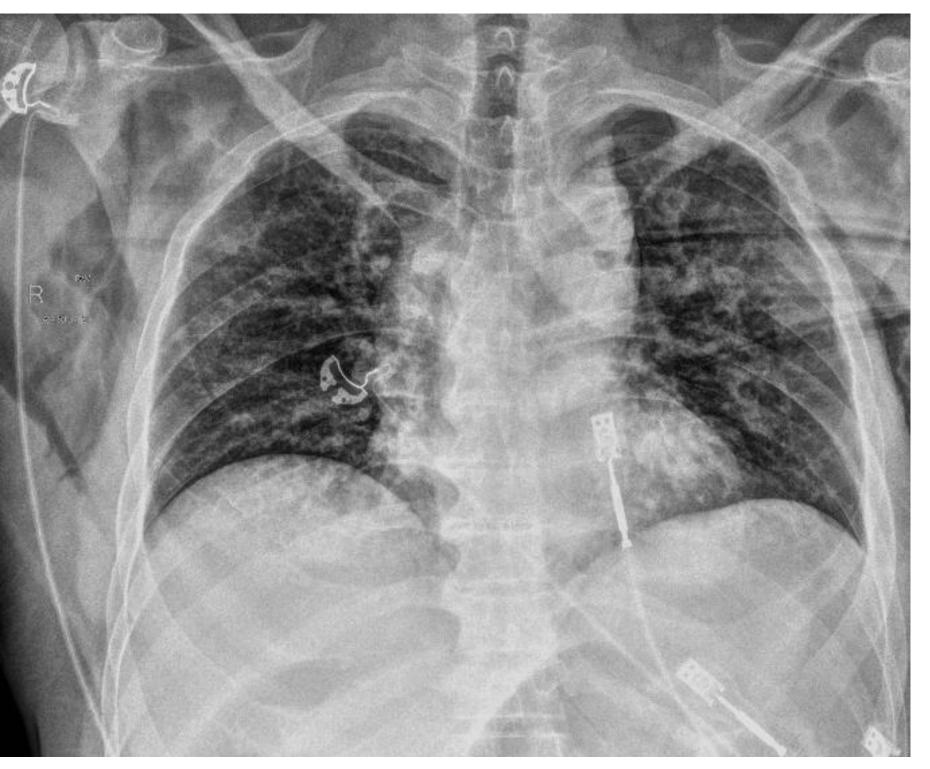
Rapidly assess and protect neurological status

Life threats: Catastrophic cerebral haemorrhage.



#### **Exposure**

Expose patient, assess for further injuries, maintain normothermia



Pelvic Xray



L Femur Xray Anteroposterior



R Ankle Xray Lateral



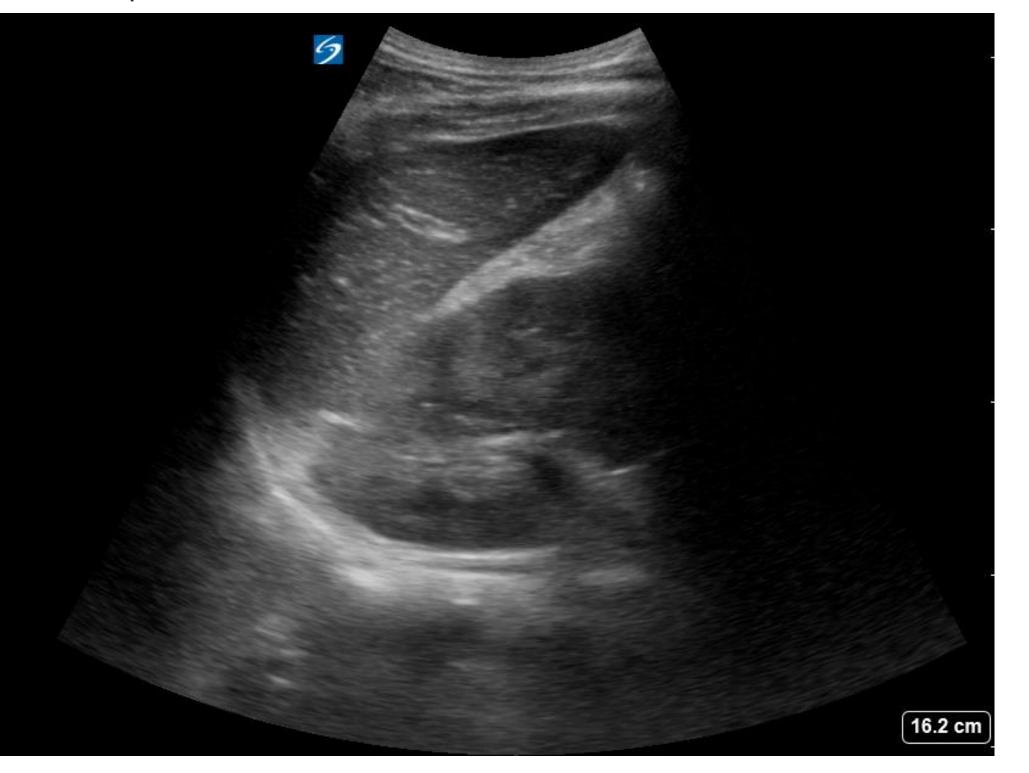
R Ankle Xray Anteroposterior



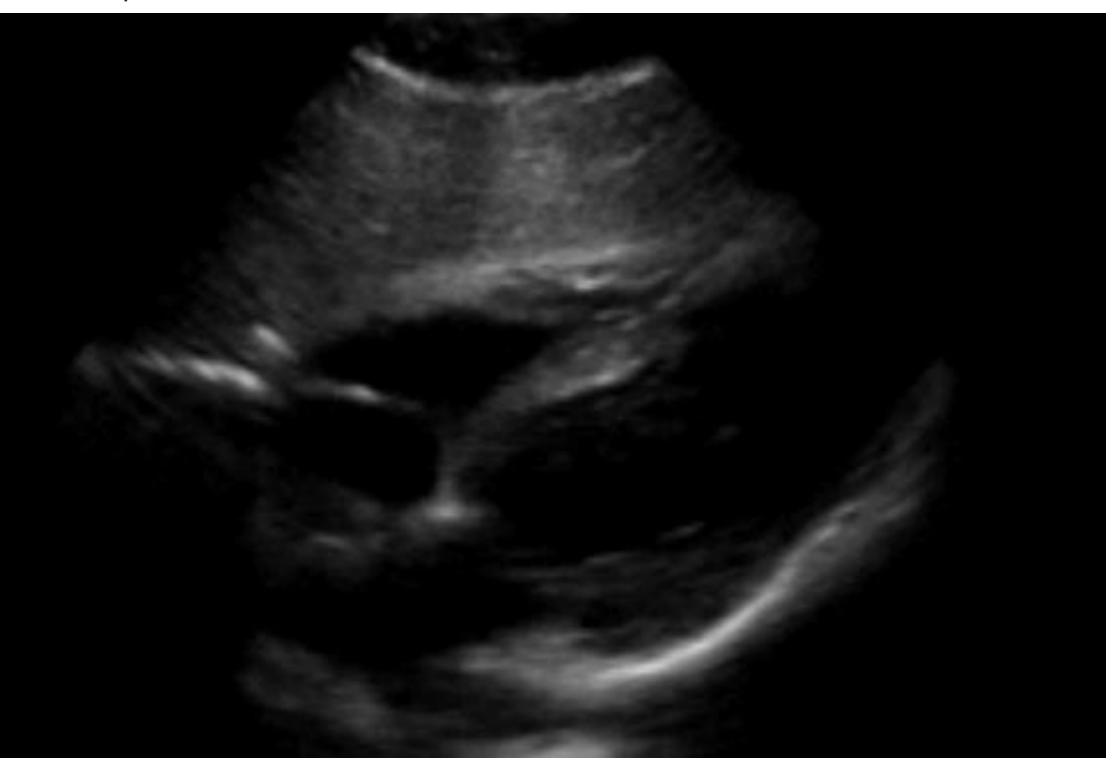
**EFAST: RUQ/Morrisons** 



EFAST: LUQ/Splenorenal



EFAST: Subxiphoid/cardiac

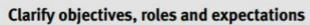


**EFAST: Pelvis** 



Pre-simulation briefing

Establishing a safe container for learning in simulation



- Introductions
- · Learning objectives
- · Assessment (formative vs summative)
- · Facilitators and learners' roles
- · Active participants vs observers



#### Maintain confidentiality and respect

- Transparency on who will observe
- · Individual performances
- · Maintain curiosity



#### Establish a fiction contract

Seek a voluntary commitment between the learner and facilitator:

- · Ask for buy-in
- · Acknowledge limitations

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#### Conduct a familiarisation

- Manikin/simulated patient
- · Simulated environment
- Calling for help

Note: Adjust the pre-simulation briefing to match the demands of the simulation event, contexts or the changing of participant composition.

#### Address simulation safety

Identify risks:

- · Medications and equipment
- Electrical or physical hazards
- · Simulated and real patients



